

17th ANNUAL
JOHN F. KENNEDY 50 MILE HIKE-RUN
SATURDAY NOVEMBER 17, 1979

RECORDS

Course and Hike-Run Record:	5:55:30	Max White	1973
Women's Record:	7:53:37	Sue Medaglia	1978
Scholastic Record:	6:16:25	Karsten Schulz	1977
Age 60 & Over Record:	9:48:16	Walt Stack (66)	1974
Age 50 & Over Record:	7:07:59	Bill Jackson (50)	1977
Age 40 & Over Record:	6:28:59	Peter Monahan (43)	1977
Age 15 & Under Record:	7:46:54	Brad Vaughn (15)	1975
Eldest Completed Hike-Run:	Age 68	John Newdorp (4-29-10)	1978
Most Completed Hike-Runs:	11	Kim Byron	
Most Hike-Run Victories	5	James Ebberts	
Most Women's Hike-Run Victories	6	Donna Aycoth	

JFK CHAMPIONS

1963	James Ebberts, Steve Costion, Rick Miller, Buzz Sawyer	13:10
1964	James Ebberts, Steve Costion, Wayne Vaughn	12:33
1965	James Ebberts, Buzz Sawyer, Elton Horst	10:39
1966	Elton Horst, Buzz Sawyer, Kenny Baker	10:21
1967	James Ebberts, Wayne Vaughn, Buzz Sawyer	10:03:40
1968	Leo Henry	10:02:12
1969	James Ebberts, Baxter Berryhill	8:32:04
1970	Baxter Berryhill	7:21:25
1971	Elton Horst	6:15:42
1972	Park Barner	6:29:27
1973	Max White	5:55:30
1974	Max White	6:06:19
1975	Angelo Gioiosa	6:27:58
1976	Pat Gill	5:59:28
1977	Ed Ayres	6:04:01
1978	Phil Bishop	6:14:59

JFK WOMEN'S CHAMPIONS

1968	Donna Aycoth	10:41:15
1969	Donna Aycoth	9:27:31
1970	Donna Aycoth	9:45:15
1971	Donna Aycoth	9:29:48
1972	Donna Aycoth	9:48:30
1973	Donna Aycoth	8:26:07
1974	Nancy Keplinger	13:48:05
1975	Martha Hauver	10:27:26
1976	Sue Shepherd	9:35:10
1977	Sue Medaglia	8:19:07
1978	Sue Medaglia	7:53:37

HISTORY MAKING FIRSTS

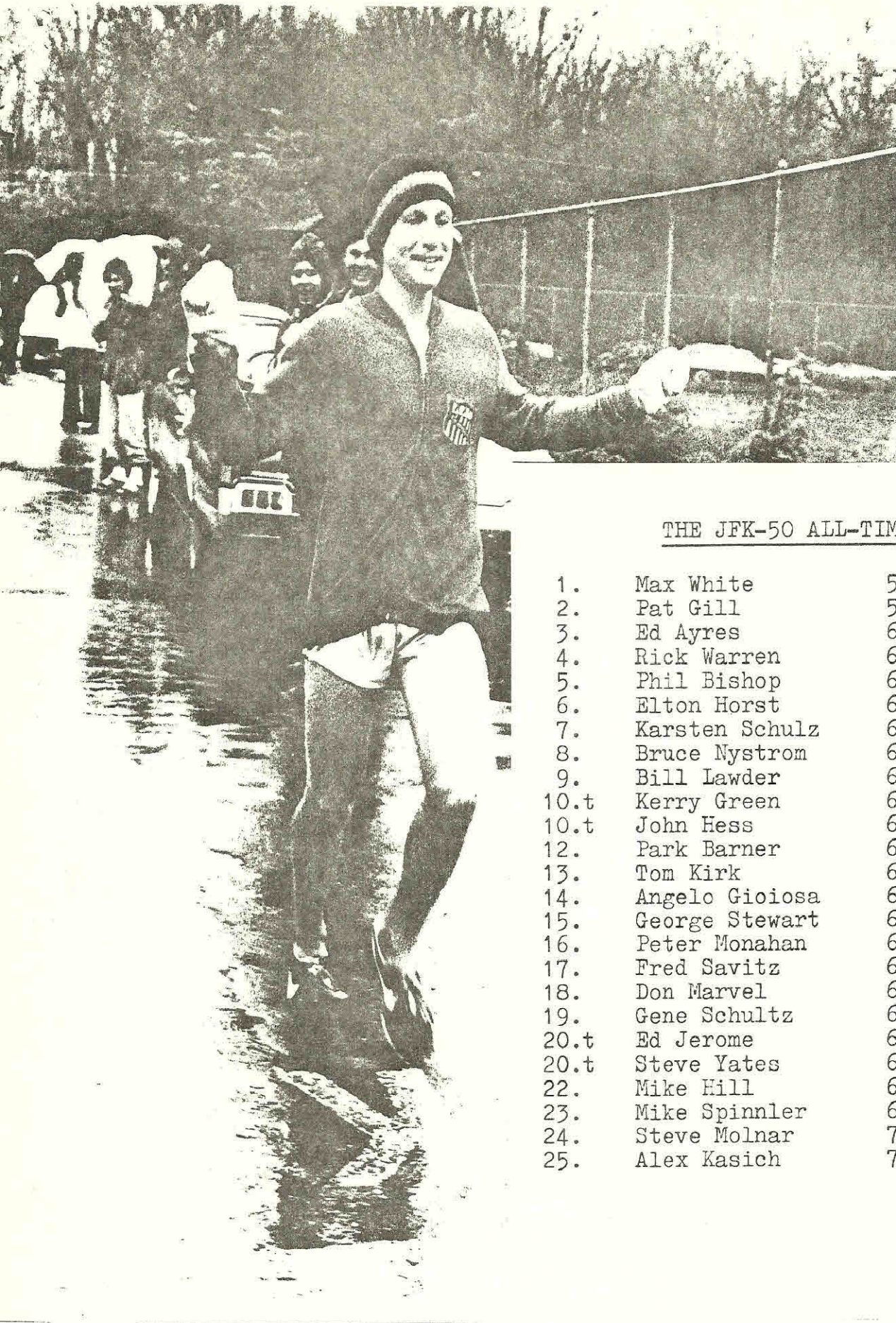
First woman to finish the JFK-50	Donna Aycoth	1968
First Age 60 & Over to finish the JFK-50	Burnis Hicks	1973
First Age 50 & Over to finish the JFK-50	Dr. Jim Dobbie	1966
First Age 10 to finish the JFK-50	Galen Pryor	1969
First Blind Runner to finish the JFK-50	Tom Rothrock	1975
First U.S. Congressman to finish the JFK-50	Goodloe Byron	1971
First Member "250 Mile" Club	Buzz Sawyer	1968
First Woman Member "250 Mile" Club	Donna Aycoth	1972
First Member "500 Mile" Club	Kim Byron	1977

"500 MILE" CLUB
(3 Members)

<u>MEMBER</u>	<u>JFK'S COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Kim Byron	11	68-69-70-71-72-73-74-75-76-77-78	10:25:36 (1977)
Mike Adams	10	65-69-71-72-73-74-75-76-77-78	7:07:06 (1978)
Si Reddick	10	69-70-71-72-73-74-75-76-77-78	8:38:12 (1974)

"250 MILE" CLUB
(69 Members)

James Ebberts	9	63-64-65-67-69-73-76-77-78	7:06:41 (1977)
Leo Henry	9	67-68-69-73-74-75-76-77-78	8:00:36 (1973)
Cal Mahaney	9	70-71-72-73-74-75-76-77-78	10:23:38 (1975)
Dave Frye	8	71-72-73-74-75-76-77-78	8:10:31 (1977)
Ling Louie	8	70-71-73-74-75-76-77-78	12:29:17 (1975)
Clater Smith	8	69-71-72-73-75-76-77-78	10:35:10 (1976)
Ron Young	8	70-71-72-73-74-75-76-77	10:28:30 (1973)
Dick Burgee	7	72-73-74-75-76-77-78	8:48:55 (1977)
Goodloe Byron	7	67-69-70-71-72-73-75	10:13:10 (1971)
Carl Cornett	7	72-73-74-75-76-77-78	8:35:49 (1978)
Chuck Fitz	7	69-71-73-74-75-76-78	8:25:29 (1976)
Eddie Glenn	7	69-70-71-73-74-76-78	10:13:15 (1973)
Shane Hutton	7	69-70-71-72-73-74-78	10:13:10 (1971)
Jim Lewis	7	72-73-74-75-76-77-78	11:08:35 (1977)
Fred Wandel	7	72-73-74-75-76-77-78	11:32:03 (1976)
Guy Whidden	7	65-66-67-68-69-70-71	10:46:35 (1970)
Donna Aycoth	6	68-69-70-71-72-73	8:26:07 (1973)
Joe Baummer	6	73-74-75-76-77-78	10:46:07 (1978)
Woody Hawkins	6	73-74-75-76-77-78	10:40:45 (1975)
John Kurt	6	73-74-75-76-77-78	9:51:23 (1976)
Bill Law	6	72-73-74-75-76-78	8:57:01 (1978)
Paul Lewis	6	73-74-75-76-77-78	11:54:04 (1978)
Zane Reddick	6	72-73-75-76-77-78	11:13:02 (1976)
Buzz Sawyer	6	63-65-66-67-68-70	8:53:15 (1970)
Wayne Vaughn	6	64-65-67-68-69-72	7:12:02 (1972)
Ernie West	6	72-74-75-76-77-78	10:11:13 (1978)
Tom Whitesell	6	69-70-72-75-76-77	10:27:27 (1970)
Park Barner	5	72-73-74-75-76	6:23:53 (1973)
Dave Bergman	5	71-72-73-74-77	9:11:34 (1972)
Bruce Burnside	5	71-72-73-75-76	10:44:15 (1973)
Rick Busch	5	70-71-73-75-76	10:24:07 (1975)
Joe Butchko	5	73-75-76-77-78	7:48:43 (1977)
Art Carey	5	71-72-73-74-76	9:04:20 (1971)
Norm Christensen	5	73-75-76-77-78	9:21:52 (1977)
Larry Dickerson	5	72-73-76-77-78	9:02:44 (1978)
Bob Gralley	5	74-75-76-77-78	8:52:37 (1978)
Howell Griswold	5	73-74-75-76-77	12:43:56 (1977)
Martha Hauver	5	69-71-72-73-75	10:27:26 (1975)
Don Heimiller	5	73-75-76-77-78	7:52:52 (1978)
Bob Henscheid	5	74-75-76-77-78	8:27:07 (1977)
Randy Howard	5	74-75-76-77-78	8:33:45 (1978)
Ed Hruneni	5	73-74-75-76-77	8:58:12 (1977)
Forden Hughes	5	71-72-73-75-76	11:21:17 (1976)
Nancy Keplinger	5	73-74-75-77-78	11:48:20 (1975)
Paul Keplinger	5	73-75-76-77-78	11:42:58 (1978)
Lanny Knight	5	72-73-75-76-77	7:31:36 (1977)
Dave Knode	5	70-71-75-76-77	8:56:43 (1977)
Al Kossow	5	73-75-76-77-78	10:28:18 (1977)
Gil Martin	5	71-72-73-74-75	9:04:34 (1975)
Barbara Matthai	5	72-73-75-76-77	10:33:21 (1977)
Jim Mortenson	5	74-75-76-77-78	8:13:34 (1977)
Don Muffley	5	72-73-74-75-76	7:32:37 (1976)
Gary Naugle	5	71-72-73-74-75	7:40:48 (1975)
Galen Pryor	5	69-70-71-72-73	9:38:44 (1973)
Connie Reddick	5	73-75-76-77-78	11:07:16 (1976)
Eddie Reddick	5	72-73-74-75-76	8:42:36 (1976)
Ray Rickett	5	72-73-75-76-77	11:44:13 (1977)
Howard Ridenour	5	70-71-72-73-74	10:09:04 (1974)
Fred Schumacher	5	74-75-76-77-78	10:20:39 (1978)
Nelson Spangler	5	72-73-75-76-77	11:35:57 (1975)
Joe Spence	5	72-73-75-76-77	9:56:25 (1973)
Jack Spinnler	5	71-72-73-76-77	12:45:36 (1972)
Mike Spinnler	5	71-72-73-75-77	6:57:54 (1977)
Jim Starra	5	72-73-74-75-76	12:10:33 (1975)
Brad Vaughn	5	71-72-73-74-75	7:46:54 (1975)
Don West	5	74-75-76-77-78	12:58:47 (1975)
Dick Wilson	5	73-74-75-76-77	10:40:48 (1975)
Tom Winter III	5	74-75-76-77-78	9:27:05 (1978)
Dave Young	5	73-75-76-77-78	9:16:59 (1975)



THE JFK-50 ALL-TIME TOP 25

1.	Max White	5:55:30	1973
2.	Pat Gill	5:59:28	1976
3.	Ed Ayres	6:04:01	1977
4.	Rick Warren	6:12:20	1973
5.	Phil Bishop	6:14:59	1978
6.	Elton Horst	6:15:42	1971
7.	Karsten Schulz	6:16:25	1977
8.	Bruce Nystrom	6:20:18	1977
9.	Bill Lawder	6:20:51	1978
10.t	Kerry Green	6:22:30	1977
10.t	John Hess	6:22:30	1977
12.	Park Barner	6:23:53	1973
13.	Tom Kirk	6:26:48	1977
14.	Angelo Gioiosa	6:27:58	1975
15.	George Stewart	6:28:58	1974
16.	Peter Monahan	6:28:59	1977
17.	Fred Savitz	6:34:30	1978
18.	Don Marvel	6:40:03	1978
19.	Gene Schultz	6:41:11	1972
20.t	Ed Jerome	6:53:13	1973
20.t	Steve Yates	6:53:13	1973
22.	Mike Hill	6:54:14	1976
23.	Mike Spinnler	6:57:54	1977
24.	Steve Molnar	7:03:07	1975
25.	Alex Kasich	7:03:36	1977

Photo By: Steve Sagi

Not a record this time, but most everyone agrees that the 6:06:19 Max White is shown putting the finishing touches on in 1974 rates far above his still standing mark of 5:55:30 set in 1973. White had to negotiate the ice covered slopes of the Appalachian Trail and the muddy footing of the C & O Canal Towpath in the rain and freezing rain marred 1974 event.

