

16th ANNUAL
JOHN F. KENNEDY 50 MILE HIKE-RUN
SATURDAY NOVEMBER 18, 1978
STARTING TIME: 7:00 A.M.

Shortly after the winner of the 16th Annual JFK 50 Mile Hike-Run reaches the finish line at St. James School, our 1978 Champion will be awarded the Goodloe E. Byron Memorial Trophy. This trophy is being presented this year for the first time to honor the memory of the late congressman who finished this race seven times and, as a legislator, fought vigorously to preserve the natural setting of the Appalachian Trail and C&O Canal Towpath.

RECORDS

Course and Hike-Run Record:	5:55:30	Max White	1973
Women's Record:	8:19:07	Suzuko Medaglia	1977
Scholastic Record:	6:16:25	Karsten Schulz	1977
Age 60 & Over Record:	9:48:16	Walt Stack (66)	1974
Age 50 & Over Record:	7:07:59	Bill Jackson	1977
Age 40 & Over Record:	6:28:59	Peter Monahan (43)	1977
Age 15 & Under Record:	7:46:54	Brad Vaughn (15)	1975
Eldest Completed Hike-Run	Age 67	John Newdorp (4-29-10)	1977
Most Completed Hike-Runs	10	Kim Byron	
Most Hike-Run Victories	5	James Ebberts	
Most Women's Hike-Run Victories	6	Donna Aycoth	

JFK CHAMPIONS

1963	James Ebberts, Steve Costion, Rick Miller, Buzz Sawyer	13:10
1964	James Ebberts, Steve Costion, Wayne Vaughn	12:33
1965	James Ebberts, Buzz Sawyer, Elton Horst	10:39
1966	Elton Horst, Buzz Sawyer, Kenny Baker	10:21
1967	James Ebberts, Wayne Vaughn, Buzz Sawyer	10:03:40
1968	Leo Henry	10:02:12
1969	James Ebberts, Baxter Berryhill	8:32:04
1970	Baxter Berryhill	7:21:25
1971	Elton Horst	6:15:42
1972	Park Barner	6:29:27
1973	Max White	5:55:30
1974	Max White	6:06:19
1975	Angelo Gioiosa	6:27:58
1976	Pat Gill	5:59:28
1977	Ed Ayres	6:04:01

JFK WOMEN'S CHAMPIONS

1968	Donna Aycoth	10:41:15
1969	Donna Aycoth	9:27:31
1970	Donna Aycoth	9:45:15
1971	Donna Aycoth	9:29:48
1972	Donna Aycoth	9:48:30
1973	Donna Aycoth	8:26:07
1974	Nancy Keplinger	13:48:05
1975	Martha Hauver	10:27:26
1976	Sue Shepherd	9:35:10
1977	Suzuko Medaglia	8:19:07

HISTORY MAKING FIRSTS

First woman to finish the JFK-50	Donna Aycoth	1968
First Age 60 & Over to finish the JFK-50	Burnis Hicks	1973
First Age 50 & Over to finish the JFK-50	Dr. Jim Dobbie	1966
First Age 10 to finish the JFK-50	Galen Pryor	1969
First Blind Runner to finish the JFK-50	Tom Rothrock	1975
First U.S. Congressman to finish the JFK-50	Goodloe Byron	1971
First Member "250 Mile" Club	Buzz Sawyer	1968
First Woman Member "250 Mile" Club	Donna Aycoth	1972
First Member "500 Mile" Club	Kim Byron	1977

"500 MILE" CLUB
(1 Member)

<u>MEMBER</u>	<u>JFK'S COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Kim Byron	10	68-69-70-71-72-73-74-75-76-77	10:25:36 (1977)

"250 MILE" CLUB
(53 Members)

<u>MEMBER</u>	<u>JFK'S COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Mike Adams	9	65-69-71-72-73-74-75-76-77	7:14:45 (1977)
Si Reddick	9	69-70-71-72-73-74-75-76-77	8:38:12 (1974)
James Ebberts	8	63-64-65-67-69-73-76-77	7:06:41 (1977)
Leo Henry	8	67-68-69-73-74-75-76-77	8:00:36 (1973)
Cal Mahaney	8	70-71-72-73-74-75-76-77	10:23:38 (1975)
Ron Young	8	70-71-72-73-74-75-76-77	10:28:30 (1973)
Goodloe Byron	7	67-69-70-71-72-73-75	10:13:10 (1971)
Dave Frye	7	71-72-73-74-75-76-77	8:10:31 (1977)
Ling Louie	7	70-71-73-74-75-76-77	12:29:17 (1975)
Clater Smith	7	69-71-72-73-75-76-77	10:35:10 (1976)
Guy Whidden	7	65-66-67-68-69-70-71	10:46:35 (1970)
Donna Aycoth	6	68-69-70-71-72-73	8:26:07 (1973)
Dick Burgee	6	72-73-74-75-76-77	8:48:55 (1977)
Carl Cornett	6	72-73-74-75-76-77	8:35:56 (1977)
Chuck Fitz	6	69-71-73-74-75-76	8:25:29 (1976)
Eddie Glenn	6	69-70-71-73-74-76	10:13:15 (1973)
Shane Hutton	6	69-70-71-72-73-74	10:13:10 (1971)
Jim Lewis	6	72-73-74-75-76-77	11:08:35 (1977)
Buzz Sawyer	6	63-65-66-67-68-70	8:53:15 (1970)
Wayne Vaughn	6	64-65-67-68-69-72	7:12:02 (1972)
Fred Wandel	6	72-73-74-75-76-77	11:32:03 (1976)
Tom Whitesell	6	69-70-72-75-76-77	10:27:27 (1970)
Park Barner	5	72-73-74-75-76	6:23:53 (1973)
Joe Baummer	5	73-74-75-76-77	11:33:55 (1977)
Bruce Burnside	5	71-72-73-75-76	10:44:15 (1973)
Richard Busch	5	70-71-73-75-76	10:24:07 (1975)
Art Carey	5	71-72-73-74-76	9:04:20 (1971)
Howell Griswold	5	73-74-75-76-77	12:43:56 (1977)
Martha Hauver	5	69-71-72-73-75	10:27:26 (1975)
Ed Hruneni	5	73-74-75-76-77	8:58:12 (1977)
Forden Hughes	5	71-72-73-75-76	11:21:17 (1976)
Lanny Knight	5	72-73-75-76-77	7:31:36 (1977)
Dave Knode	5	70-71-75-76-77	8:56:43 (1977)
John Kurt	5	73-74-75-76-77	9:51:23 (1976)
Bill Law	5	72-73-74-75-76	9:30:39 (1976)
Paul Lewis	5	73-74-75-76-77	12:42:51 (1976)
Gill Martin	5	71-72-73-74-75	9:04:34 (1975)
Barbara Matthai	5	72-73-75-76-77	10:33:21 (1977)
Don Muffley	5	72-73-74-75-76	7:32:37 (1976)
Gary Naugle	5	71-72-73-74-75	7:40:48 (1975)
Galen Pryor	5	69-70-71-72-73	9:38:44 (1973)
Eddie Reddick	5	72-73-74-75-76	8:42:36 (1976)
Zane Reddick	5	72-73-75-76-77	11:13:02 (1976)
Ray Rickett	5	72-73-75-76-77	11:44:13 (1977)
Howard Ridenour	5	70-71-72-73-74	10:09:04 (1974)
Nelson Spangler	5	72-73-75-76-77	11:35:57 (1975)
Joe Spence	5	72-73-75-76-77	9:56:25 (1973)
Jack Spinnler	5	71-72-73-76-77	12:45:36 (1972)
Mike Spinnler	5	71-72-73-75-77	6:57:54 (1977)
James E. Starrs	5	72-73-74-75-76	12:10:33 (1975)
Brad Vaughn	5	71-72-73-74-75	7:46:54 (1975)
Ernie West	5	72-74-75-76-77	10:32:49 (1977)
Dick Wilson	5	73-74-75-76-77	10:40:48 (1975)



ED AYRES

1977

OPEN

CHAMPION

6HRS 4MIN 1SEC

THE JFK -50 ALL-TIME TOP 25

1.	MAX WHITE	5:55:30	1973
2.	PAT GILL	5:59:28	1976
3.	ED AYRES	6:04:01	1977
4.	RICK WARREN	6:12:20	1973
5.	ELTON HORST	6:15:42	1971
6.	KARSTEN SCHULZ	6:16:25	1977
7.	BRUCE NYSTROM	6:20:18	1977
8.t	KERRY GREEN	6:22:30	1977
8.t	JOHN HESS	6:22:30	1977
10.	PARK BARNER	6:23:53	1973
11.	ANGELO GIOIOSA	6:27:58	1975
12.	GEORGE STEWART	6:28:58	1974
13.	PETER MONAHAN	6:28:59	1977
14.	PHIL BISHOP	6:41:08	1977
15.	GENE SCHULTZ	6:41:11	1972
16.t	ED JEROME	6:53:13	1973
16.t	STEVE YATES	6:53:13	1973
18.	MICHAEL HILL	6:54:14	1976
19.	BILL LAWDER	6:56:07	1977
20.	MIKE SPINNLER	6:57:54	1977
21..	STEVE MOLNAR	7:03:07	1975
22.	ALEX KASICH	7:03:36	1977
23.	MARK MULLINEAUX	7:05:50	1977
24.	JAMES EBBERTS	7:06:41	1977
25.	JIMPATTERSON	7:07:34	1976

