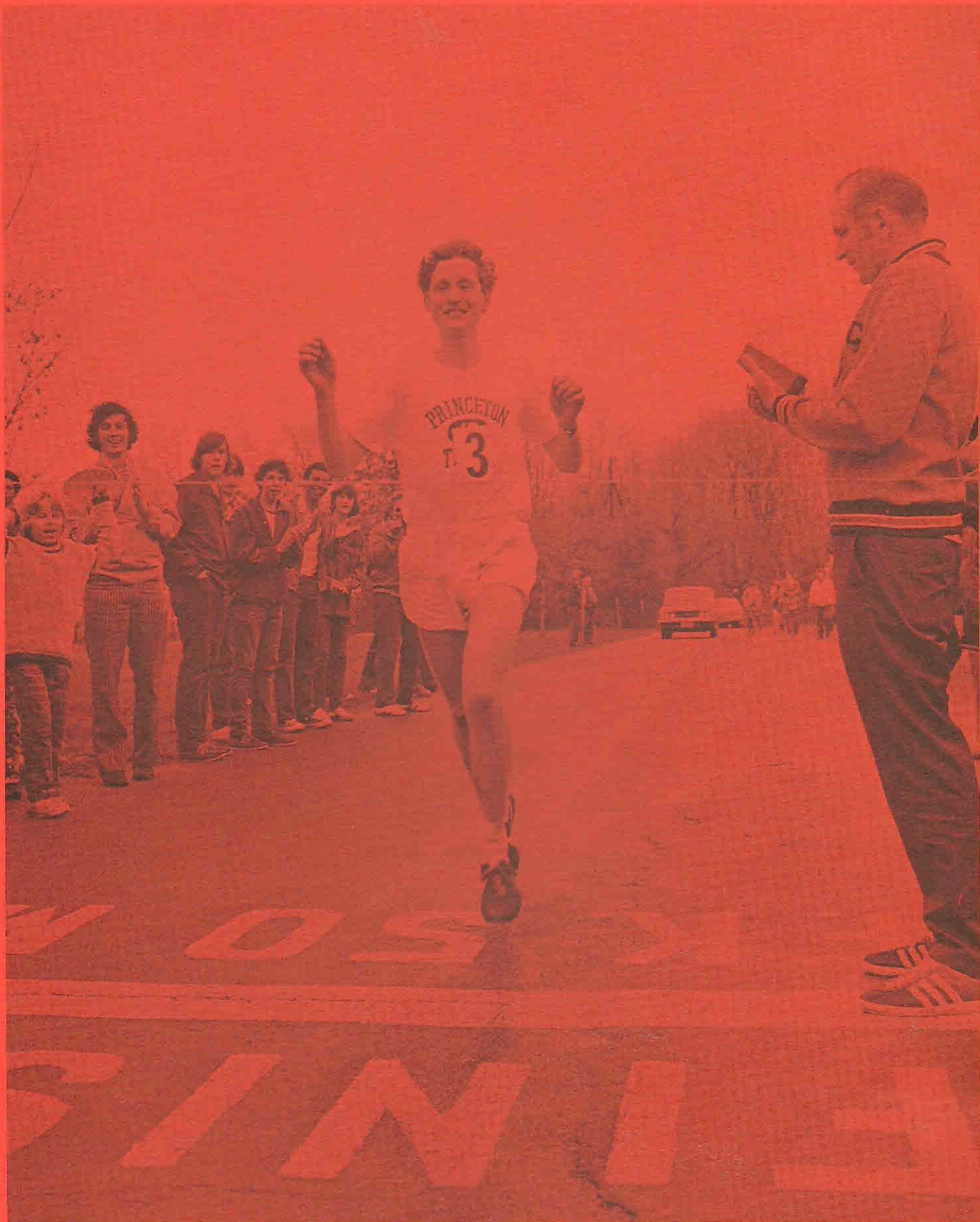




**Fourteenth Annual
John F. Kennedy 50 Mile Hike/Run**

Boonsboro to St. James, Md. November 20, 1976

**Sponsored by
The Cumberland Valley Athletic Club**

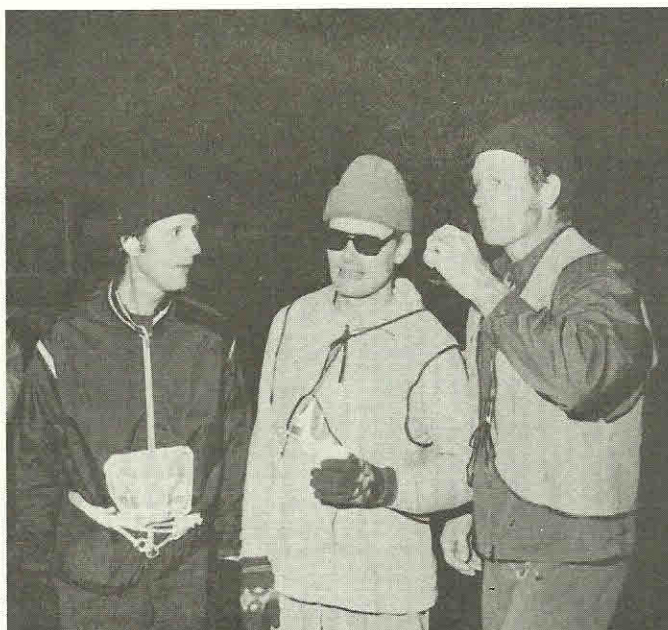


RECORDS

Course and Hike-Run Record:	5:55:30	Max White	1973
Women's Record:	8:26:07	Donna Aycoth	1973
Scholastic Record:	7:46:54	Brad Vaughn	1975
	7:46:54	Mike Spinnler	1975
Age 60 & Over Record:	9:48:16	Walt Stack (66)	1974
Age 50 & Over Record:	8:24:14	Everitt Newell (52)	1973
Age 40 & Over Record:	7:09:37	Peter Monahan (41)	1975
Age 15 & Under Record:	7:46:54	Brad Vaughn (15)	1975
Eldest Completed Hike-Run	Age 66	Walt Stack (9-28-07)	1974
Most Completed Hike-Runs	8	Kim Byron	
Most Hike-Run Victories	5	James Ebberts	
Most Women's Hike-Run Victories	6	Donna Aycoth	

INSIDE COVER PHOTO

Washington Post photographer Richard Darcey captures Max White's expression at the exact moment of his record breaking triumph in 1973. White's record 5:55:30 was and still is the only sub six hour performance ever achieved in the JFK-50.



Tom Rothrock (center), blind since birth, relaxes with his "eyes", Dick Heiks (left) and Don Muffley (right) after becoming the first blind runner to ever complete the JFK-50. Tom placed 133rd in the field of 673 starters with a clocking of 10:52:55 for the rugged course that has left many sighted runners flat on their faces.

HISTORY MAKING FIRSTS

First woman to finish the JFK-50	Donna Aycoth	1968
First Age 60 & Over to finish the JFK-50	Burnis Hicks	1973
First Age 50 & Over to finish the JFK-50	Dr. Jim Dobbie	1966
First Age 10 to finish the JFK-50	Galen Pryor	1969
First Blind Runner to finish the JFK-50	Tom Rothrock	1975
First U.S. Congressman to finish the JFK-50	Goodloe Byron	1971
First Member "250" Mile" Club	Buzz Sawyer	1968
First Woman Member "250 Mile" Club	Donna Aycoth	1972

